



Join us Monday 8 November in London to learn how you can contribute to global cooperation and peace



*With speakers Jeddah Mali and Bruce Cryer
from the Global Coherence Initiative*

The Global Coherence Initiative (GCI) is a science-based initiative whose purpose is to unite millions of people in heart-focused care and intention to shift global consciousness from instability and discord to balance, cooperation and enduring peace.

Monday 8 November

6.30 pm Registration (refreshments)

7:00 pm - 8:30 pm Presentation followed by Q&A

Location

The Royal Society of Medicine
Chandos House, 2 Queen Anne Street,
London W1G 9LQ

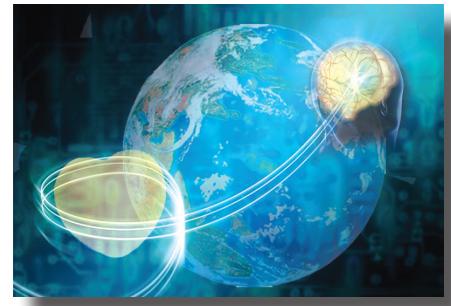
www.chandoshouse.co.uk 020 7290 3861
(Nearest Tube: Oxford Circus & Bond Street)
RSVP Tania@heartmath.com



http://www.gcoherence.org/resources/gci-project-videos.html#gci_videos_social_coherence

Project Overview

The Global Coherence Initiative is designed to help individuals and groups work together synchronistically and strategically to increase the impact of their efforts to create positive global change. With more than 27,000 members in more than 75 countries, the GCI is responding to uncertain times by helping individuals and communities take responsibility for shaping a better world.



- GCI provides education and technology for increasing individual heart coherence.
- GCI encourages people to utilize the power of heart coherence to help themselves, their families and communities.
- GCI *Care Focus e-mails* quickly mobilise members around the world to direct positive heart coherent energy toward special areas of immediate need anywhere on the planet.

A long-term objective of GCI is to correlate coherence data collected from the GCI community with changes in the earth's magnetic field, along with changes in various social, environmental and health outcomes. (See our website for more information: <http://glcoherence.org>)

This project has been initiated because millions of people sense that this is an extraordinary time; that a paradigm shift of human consciousness is now under way; that we are at the crossroads of change and must move toward the healing of ourselves and our planet. Many people are feeling a strong desire to help change our present and future conditions and are looking for ways to use their heart, spirit-aligned wisdom and care to make a meaningful difference.

The Global Coherence Initiative is one of many care and compassion initiatives taking place on the planet. Each year, an increasing number of groups and online communities are radiating compassion and care to the planet in these times of need. We and others feel that these collective heart-based initiatives, rather than being a trend, represent the proactive consciousness platform of the future, in which individuals and communities take responsibility for shaping a new world by increasing love, care and compassion for the global whole.



The Institute of HeartMath

The founding sponsor of GCI is the Institute of HeartMath®, a nonprofit 501(c)(3) organisation based in California. The Institute is a recognised global leader in research into emotional physiology, heart-brain interactions, and the physiology of optimal health and performance. The Institute's nearly twenty years of clinical and organisational research have laid the foundation for practical, scientifically-validated solutions for stress reduction, emotional resilience and improved cognitive function that are currently used by numerous corporations and health care systems such as Kaiser

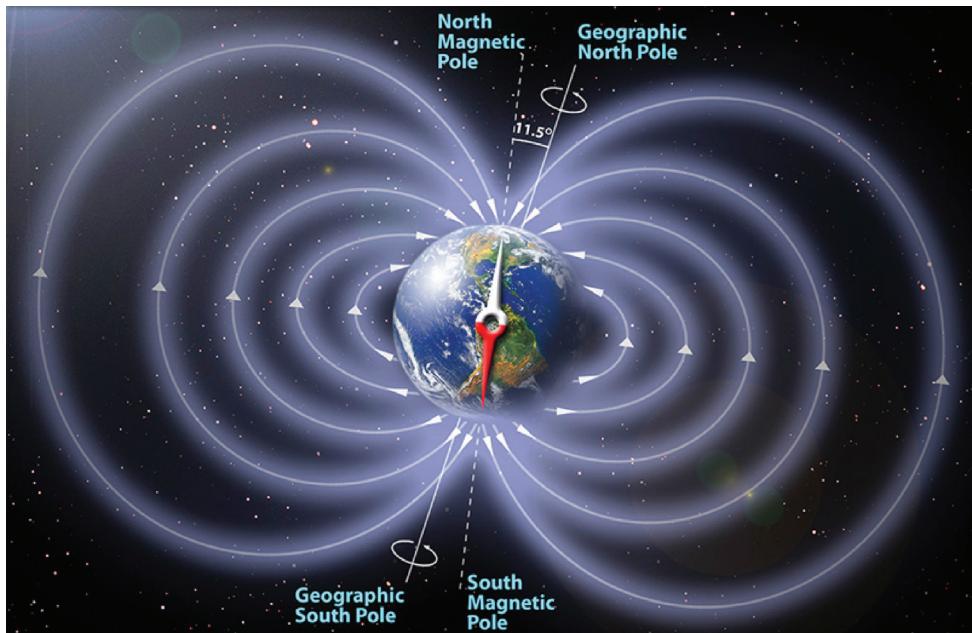
Permanente, Stanford Hospital, The World Bank, NASA, Duke University Health System, and the University of California at San Francisco, as well as hundreds of schools and organisations across the UK, Europe, Australia and China. These solutions are aimed at empowering people to reduce stress and build a bridge between mind and heart, resulting in more balance in all areas of their lives.

Heart Coherence

HeartMath's research has identified a psycho-physiological state called *heart coherence* that empowers people to release stress and incoherence at any time, and connect with a deeper intelligence and awareness. This psycho-physiological state quickly improves cognitive performance, focus and effectiveness, self-responsibility and social cohesion. The mission of HeartMath is to reproduce these scientifically documented results on a global level by enabling millions of people to connect with the power and guidance of their own heart, to facilitate a global shift in consciousness from incoherence and discord to balance, cooperation and enduring peace. This has led to the establishment of the Global Coherence Initiative (GCI).



The 8 November evening presentation by GCI Steering Committee member Jeddah Mali and HeartMath CEO Bruce Cryer, will describe the mission and vision of GCI, including one of its breakthrough projects, the Global Coherence Monitoring System (GCMS) which has been designed to determine the effects of collective incoherence (negative emotional energy) and collective coherence (positive emotional energy) on the earth's geomagnetic fields (ionosphere and static field). The GCMS involves a network of 12 sensor sites which will be placed strategically around the planet. (The first two sites are in California and Saudi Arabia.) Each site will include an ultrasensitive magnetic field detector that is sensitive to the effects of collective emotion-based human energy on the ionosphere, a Random Number Generator (RNG) and a geomagnetic (static field) detector.





Jeddah Mali -- International Mentor, Advisor & Consultant

"The time has come for mankind to shift the entire paradigm of human consciousness from limitation to freedom. For the first time in known human history, we have the opportunity to pull this off. The Global Coherence Initiative is the central hub in a global wheel. It establishes the direct link between our physiology and the welfare of the entire planet. The vision of a stable and harmonious human presence upon this planet is not one we can afford to pass up." **Jeddah Mali**

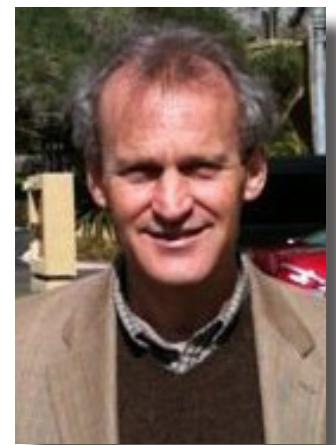
Jeddah Mali is an international Advisor and Consultant. She works with individuals, groups and organisations to establish the link between our design as human beings and our hardwired predisposition towards peace and contentment. She has a masterful way of communicating that brings clarity to complex subjects.

She has mentored key individuals for many years and turned around the culture of whole organisations to allow them to operate harmoniously and efficiently. Jeddah Mali sits on the Steering Committee for the Global Coherence Initiative along with Gregg Braden, Claudia Welss, Deborah Rozman, Howard Martin, Doc Childre and Rollin McCraty.

She is also a member of the Transformational Leadership Council along with Lynne Twist, Bruce Lipton, Lynne McTaggart and many other leaders.

Bruce Cryer, author, leader, international speaker

Bruce Cryer is a corporate executive within the HeartMath organisation. He has spent the past forty years exploring spirituality, human consciousness and global peace and reconciliation. As a teenager growing up in the 60s in the US, seeing two brothers sent off to war in Vietnam, and being profoundly affected by the peace and civil rights movements of that era, Bruce began a quest to understand the nature of the human spirit and how to bring lasting change to the world.



Thirty years ago Bruce met Doc Childre, who would later found the HeartMath organisations. Bruce's role as a founding member of the Institute of HeartMath in 1991 has grown to his appointment as CEO of HeartMath LLC in 1998. (HeartMath LLC is the commercial sister organisation to the Institute.) Bruce's role at HeartMath has included being a guiding hand in the development of HeartMath's programmes and services globally, with a special focus on the health care and corporate arenas. He is the author of the book *From Chaos to Coherence: The Power to Change Performance*, and the Harvard Business Review article, "Pull the Plug on Stress", along with numerous other scientific and business articles.

In 2008 Bruce was honoured as one of the Top 50 Thought Leaders in Personal Excellence. He is on the faculty of leadership programs at Stanford University and other international organisations, and has spoken internationally on the themes of resilience, emotional intelligence, and global cooperation. This long interest in personal and global change brought him into his advisory role of the Global Coherence Initiative.

